

**Course Curricula  
for**

**Short Term Courses based on  
Modular Employable Skills (MES)**

**in**

**Beauty culture and  
Hair Dressing Sector**



**DIRECTORATE GENERAL OF EMPLOYMENT AND TRAINING  
MINISTRY OF LABOUR & EMPLOYMENT  
GOVERNMENT OF INDIA**

**Course Curricula for Short Term Courses based on Modular Employable Skills  
(MES) in the Beauty culture and Hair Dressing Sector**

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## Skill Development based on Modular Employable Skills (MES)

### Background

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The need for giving emphasis on the Skill Development, especially for the less educated, poor and out of school youth has been highlighted in various forums. The skill level and educational attainment of the work force determines the productivity, income levels as well as the adaptability of the working class in changing environment. Large percentage of population in India is living below poverty line. One of the important causes is lower percentage of skilled persons in the workforce

The skill development at present is taking place mostly in the informal way, i.e. persons acquire skill at the work-place when they help their parents, relatives and employers etc. Such persons do not have a formal certificate and thus earn lower wages and are exploited by employers. They have come through informal system due to socio-economic circumstances of the family and the compulsions of earning a livelihood rather than attending a formal course. While their productivity is low, their contribution to the national GDP cannot be ignored. If the country can create a system of certification which not only recognizes their skills but also provides education and training in a mode that suits their economic compulsions, it will not only benefit the workforce to earn a decent living but also contribute to the national economy by better productivity of this workforce.

Another related problem to be tackled is large number of students drop outs (About 63% of the school students drop out at different stages before reaching Class-X).

### Frame work for Skill Development based on 'Modular Employable Skills (MES)'

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Very few opportunities for skill development are available for the above referred groups (out of school youth & existing workers especially in the informal sector). Most of the existing Skill Development programmes are long term in nature. Poor and less educated persons can not afford long term training programmes due to higher entry qualifications, opportunity cost etc. Therefore, a new frame work for Skill Development for the Informal Sector has been evolved by the DGET to address to the above mentioned problems. The **key features of the new frame work for skill development** are:

- ◆ Demand driven Short term training courses based on modular employable skills decided in consultation with Industry
- ◆ Flexible delivery mechanism (part time, weekends, full time)
- ◆ Different levels of programmes (Foundation level as well as skill upgradation) to meet demands of various target groups
- ◆ Central Government will facilitate and promote training while Vocational Training (VT) Providers under the Govt. and Private Sector will provide training
- ◆ Optimum utilisation of existing infrastructure to make training cost effective.
- ◆ Testing of skills of trainees by independent assessing bodies who would not be involved in conduct of the training programme, to ensure that it is done impartially.
- ◆ Testing & certification of prior learning (skills of persons acquired informally)

The Short Term courses would be based on 'Modular Employable Skills (MES)'.

The **concept for the MES** is :

- ❑ Identification of 'minimum skills set' which is sufficient to get an employment in the labour market.
- ❑ It allows skills upgradation, multiskilling, multi entry and exit, vertical mobility and life long learning opportunities in a flexible manner.
- ❑ It also allows recognition of prior learning (certification of skills acquired informally) effectively.
- ❑ The modules in a sector when grouped together could lead to a qualification equivalent to National Trade Certificate or higher.
- ❑ Courses could be available from level 1 to level 3 in different vocations depending upon the need of the employer organisations.
- ❑ MES would benefit different target groups like :
  - Workers seeking certification of their skills acquired informally
  - workers seeking skill upgradation
  - early school drop-outs and unemployed
  - previously child labour and their family

#### Age of participants

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The minimum age limit for persons to take part in the scheme is 14 years but there is no upper age limit.

#### Curriculum Development Process

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Following procedure is used for developing course curricula

- Identification of Employable Skills set in a sector based on division of work in the labour market.
- Development of training modules corresponding to skills set identified so as to provide training for specific & fit for purpose
- Organization of modules in to a Course Matrix indicating vertical and horizontal mobility. The course matrix depicts pictorially relation among various modules, pre requisites for higher level modules and how one can progress from one level to another.
- Development of detailed curriculum and vetting by a trade committee and by the NCVT

(Close involvement of Employers Organizations, State Governments, experts, vocational training providers and other stake holders is ensured at each stages).

#### Development of Core Competencies

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Possession of proper attitudes is one of the most important attribute of a competent person. Without proper attitudes, the performance of a person gets adversely affected. Hence, systematic efforts will be made to develop attitudes during the training programme.

The trainees deal with men, materials and machines. They handle sophisticated tools and instruments. Positive attitudes have to be developed in the trainees by properly guiding them and setting up examples of good attitudes by demonstrated behaviors and by the environment provided during training.

Some important core competencies to be developed are:

1. Safety consciousness and safe working practices

2. Care of equipment and tools
3. Punctuality, discipline and honesty
4. Concern for quality
5. Respect for rules and regulations
6. Concern for health and hygiene
7. Cordial relationship and Cooperation with co-workers and team Work
8. Positive attitude and behavior
9. Responsibility and accountability
10. Learn continuously
11. Communication Skills
12. Concern for environment and waste disposal

Following competencies should also be developed during level-II and higher courses:

1. Ability for planning, organizing and coordinating
2. Creative thinking, problem solving and decision making
3. Leadership
4. Ability to bear stress
5. Negotiation

#### Duration of the Programmes

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Time taken to gain the qualification will vary according to the pathway taken and will be kept very flexible for persons with different backgrounds and experience. Duration has been prescribed in hours in the curriculum of individual module, which are based on the content and requirements of a MES Module. However, some persons may take more time than the prescribed time. They should be provided reasonable time to complete the course.

#### Pathways to acquire Qualification:

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**Access to** the qualification could be through:

- An approved training programme; **Or**
- A combination of an approved training programme plus recognition of prior learning including credit transfer; **Or**
- The recognition of prior learning that provides evidence of the achievement of the competencies for the qualification.

#### Methodology

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The training methods to be used should be appropriate to the development of competencies. The focus of the programme is on “performing” and not on “Knowing”. Lecturing will be restricted to the minimum necessary and emphasis to be given for ‘hands on training’.

The training methods will be individual centered to make each person a competent one. Opportunities for individual work will be provided. The learning process will be continuously monitored and feedback will be provided on individual basis.

Demonstrations using different models, audio visual aids and equipment will be used intensively.

#### Instructional Media Packages

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In order to maintain quality of training uniformly all over the country, instructional media packages (IMPs) will be developed by the National Instructional Media Institute (NIMI), Chennai.

#### Assessment

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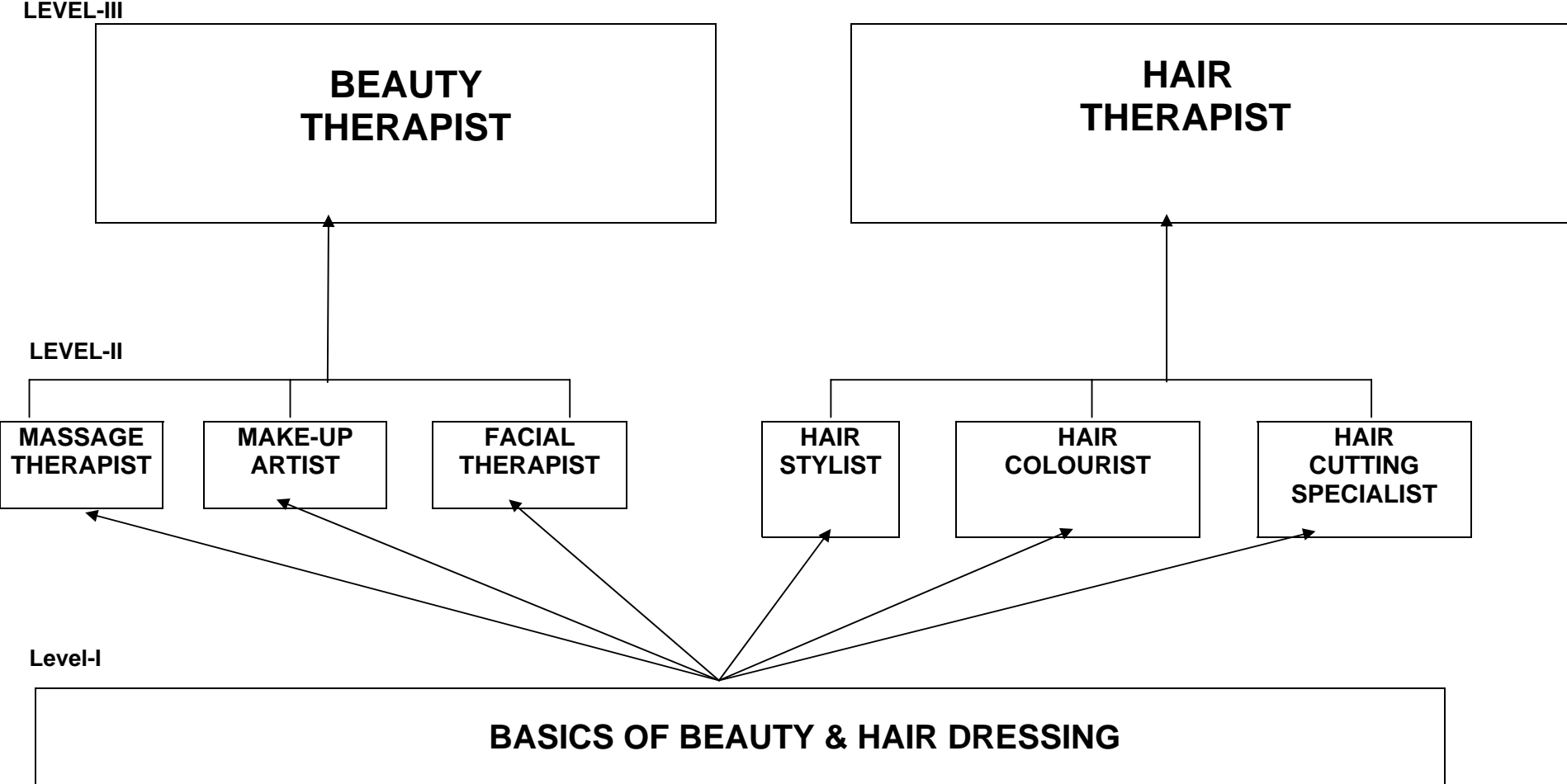
DGE&T will appoint assessing bodies to assess the competencies of the trained persons. The assessing body will be an independent agency, which will not be involved in conducting the training programmes. This, in turn, will ensure quality of training and credibility of the scheme. Keeping in view the target of providing training/testing of one million persons through out the country and to avoid monopoly, more than one assessing bodies will be appointed for a sector or an area.

#### Certificate

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Successful persons will be awarded certificates issued by National Council for Vocational Training (NCVT).

**COURSE MATRIX IN BEAUTY CULTURE & HAIR DRESSING (INFORMAL SECTOR)**



## MODULES

### **Basics of Beauty and Hair Dressing**

<b>Name</b>	:	<b>Basics of Beauty and Hair Dressing</b>
<b>Sector</b>	:	<b>Beauty culture and Hair Dressing</b>
<b>Course Code</b>	:	
<b>Qualification</b>	:	<b>Minimum 8<sup>th</sup> Standard &amp; 14 years of age</b>
<b>Duration</b>	:	<b>150hrs</b>

**Terminal Competency:** Successful candidates would be able to work as an assistant for providing basic beauty and hair dressing services in threading manicure, pedicure, facial, bleaching and decorate hands and feet. This course would also help in developing professional ethics, basic use of equipment, safe-working methods and up keeping of work place.

<b>Skill</b>	<b>Knowledge</b>
<p><b>Safety Precautions</b></p> <ul style="list-style-type: none"> <li>▪ Practice in safe working procedures and observe the necessary precautions. Observe safety procedures when handling electrical equipment</li> <li>▪ Basic first aid for cuts and burns</li> <li>▪ Maintain good house keeping</li> </ul> <p><b>Sterilization and Sanitation</b></p> <ul style="list-style-type: none"> <li>▪ Procedure of sterilization and sanitation</li> <li>▪ Chemical sanitizing and sterilizing agents</li> <li>▪ Public sanitation</li> </ul> <p><b>Professional Ethics</b></p> <ul style="list-style-type: none"> <li>▪ A professional attitude towards client</li> <li>▪ Communication skill</li> </ul> <p><b>Manicure and Pedicure</b></p> <ul style="list-style-type: none"> <li>▪ Identify, select and arrange tools and equipment for manicure and pedicure.</li> <li>▪ Preparation of client for manicure and pedicure</li> <li>▪ Perform manicure/pedicure by cleaning, shaping, moisturizing, massaging and polishing with nail polish.</li> <li>▪ Practice of putting Mehandi on hands and feet with cone, stick and fingers (for different occasion)</li> <li>▪ Practice of putting sticker mehandi, colourful sparkle mehandi, kundan mehandi and mehandi with block</li> </ul>	<ul style="list-style-type: none"> <li>▪ Importance of safe handling of inflammable oil, cosmetics, material and equipment</li> <li>▪ Safety and health regulations</li> <li>▪ Personal Hygiene</li> <li>▪ Protective clothing and equipment</li> <li>▪ Good house keeping</li> <li>▪ First aid treatment for burns, minor cuts, foreign body in the eye including chemicals.</li> <li>▪ Desirable qualities for good human relation ship</li> <li>▪ Importance and qualities of a pleasing personality</li> <li>▪ Importance of good ethics</li> <li>▪ Various nail shapes for hands and feet</li> <li>▪ Importance for identifying nail disease &amp; disorder</li> <li>▪ Meaning of superfluous hair</li> </ul>

<p><b>Removal of superfluous hair</b></p> <ul style="list-style-type: none"> <li>▪ Identify various types of hair removal treatments</li> <li>▪ Carry out various procedures for superfluous hair removal</li> <li>▪ Remove hair using: Temporary method/depilatory</li> </ul> <p><b>Eye Brow Shaping</b></p> <ul style="list-style-type: none"> <li>▪ Removing hair with thread</li> <li>▪ Removing hair with tweezer</li> <li>▪ Measurement of eyebrows for correct length and arch</li> <li>▪ Cleaning of eyebrows</li> <li>▪ Shaping of Eye brows</li> </ul> <p><b>Bleaching</b></p> <ul style="list-style-type: none"> <li>▪ Preparation of client and trolley for bleaching</li> <li>▪ Preparation of bleach pack</li> <li>▪ Practice of allergy test for bleaching</li> <li>▪ Cleansing of face prior to bleaching</li> <li>▪ Practice in application of bleaching pack</li> </ul> <p>Uses of various types of Bleaches</p> <p><b>Hair</b></p> <ul style="list-style-type: none"> <li>▪ Application of oil</li> <li>▪ Practice of different types of manipulation</li> <li>▪ Preparation of client and trolley for shampooing</li> <li>▪ Use of shampoos and rinses</li> </ul> <p><b>Hair cutting</b></p> <ul style="list-style-type: none"> <li>▪ Practice of holding scissors and comb</li> <li>▪ Sectioning procedure for hair trimming and for blunt cut</li> <li>▪ Practice of trimming and blunt cut</li> <li>▪ Practice of cutting wet and dry hair</li> <li>▪ Drying and setting hair with hand dryer</li> </ul> <p><b>Hair colouring</b></p> <ul style="list-style-type: none"> <li>▪ Analysis of scalp and hair</li> <li>▪ Skin test/Patch test</li> <li>▪ Practice of application of hair colour – vegetable &amp; chemical dyes.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Causes of superfluous hair</li> <li>▪ Methods of hair removal <ul style="list-style-type: none"> <li>❖ Epilation – waxing, threading</li> <li>❖ Depilation – Chemical</li> </ul> </li> </ul> <p>Methods of bleaching facial and body hair -</p> <ul style="list-style-type: none"> <li>❖ Powder bleach</li> <li>❖ Cream bleach</li> </ul> <p>Importance of allergy test</p> <ul style="list-style-type: none"> <li>▪ Types of hair</li> <li>▪ Importance and benefits of scalp massage</li> <li>▪ Types of shampoos and rinses</li> </ul> <ul style="list-style-type: none"> <li>▪ Knowledge of hair texture</li> <li>▪ Correct use of cutting equipments</li> <li>▪ Factors to be considered while cutting wet and dry hair</li> <li>▪ Different techniques for styling hair</li> <li>▪ Blow drying – sectioning</li> </ul> <ul style="list-style-type: none"> <li>▪ Basic law of hair colour</li> <li>▪ Classification of hair colour <ul style="list-style-type: none"> <li>○ Temporary colour</li> <li>○ Permanent colour</li> </ul> </li> <li>▪ Allergy test</li> </ul>
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<b>Cosmetics</b>	<b>List of tools and equipment</b>
Shampoo	Wax heater
Disinfectants	Trollies
Nail colours	Bleach brush
Powder bleach	Bowls
Cream bleach	Spatula
Cold wax	Facial Steamer
Hot wax	Black head remover
Hydrogen Peroxide	Manicure set
Acetone	Pedicure set
Base coat	Pedicure tub
Cuticle softener	Chowkies
Henna	Stools
Design blocks	Facial bed
Glitters	Manicure tables
Thread	Tweezer
Talcum powder	Scissors
	Sterling units
	Foot scraper
	Slithering Shears Comb
	Tail comb
	Setting clips
	Hair cutting Hair cutting Sheet
	Scissors
	Clipper
	Dye brush
	Plastic bowl
	Hot and cold spray unit
	Back wash chair
	Dressing out chairs

**Question Bank:**

1. Demonstrate bleaching of face
2. Demonstrate step-by-step manicure procedure
3. Measure Eyebrows for correct length and height
4. Prepare a bleach pack and demonstrate allergy test
5. Decorate hands with mehendi
6. Demonstrate blunt cutting on short hair
7. Prepare client for scalp massage and give basic manipulation
8. Demonstrate sectioning for blunt cut
9. Prepare trolley for hair coloring service
10. Demonstrate hair shampooing for long hair

## Massage Therapist

**Course** : **Massage Therapist**  
**Sector** : **Beauty Culture & Hair Dressing**  
**Course Code** :  
**Duration** : **60 hrs**  
**Qualification** : **8<sup>th</sup> Standard & 14 years of age,**

**MES Modules on Basics of Beauty and Hair Dressing**

**Terminal competency** : Successful candidates would be able to massage manipulation on different parts of body for relaxation of nerves and muscles. Candidates should be able to offer various types of massages.

<b>Practical Competencies</b>	<b>Underpinning Knowledge (Theory)</b>
<ul style="list-style-type: none"><li>▪ Preparation of trolley and room</li><li>▪ Select product for massage</li><li>▪ Practice of basic manipulation used in massage.</li><li>▪ Maintain the clients correct posture throughout the treatment to prevent possible harm or injury</li><li>▪ Recognize pressure points of the body</li><li>▪ Practice of massage manipulation on head</li><li>▪ Practice of massage manipulation on body</li><li>▪ Practice of massage-front &amp; back of the body</li><li>▪ Massage manipulation on hands</li><li>▪ Massage manipulation on legs</li><li>▪ Different types of massage<ul style="list-style-type: none"><li>❖ Oil massage</li><li>❖ Powder massage</li><li>❖ Vibro massage</li></ul></li></ul>	<ul style="list-style-type: none"><li>▪ Meaning of massage</li><li>▪ Effects of massage</li><li>▪ Knowledge of different types of skin</li><li>▪ Massage techniques<ul style="list-style-type: none"><li>❖ Direction</li><li>❖ Pressure points</li><li>❖ Swedish massage Techniques</li></ul></li><li>▪ Therapy massage</li><li>▪ Body massage</li><li>▪ Effect of massage on the different systems of the body</li><li>▪ Safety and precaution during massage manipulation</li><li>▪ Benefits of the massage</li></ul>

<b>Cosmetic</b>	<b>List of tools &amp; equipments</b>
Body massage oil	Body massage table
Body lotion	Comfort pillow
Tissue papers	Towel
Cleanser	Napkin
	Vibrator

### Questions:-

1. Using vibro massager, give massage manipulation to a teenager
2. Give scalp massage movement
3. Demonstrate effleurage and tapotment movements on back and thighs

## Make up Artist

**Course** : **Make up Artist**  
**Sector** : **Beauty Culture & Hair Dressing**  
**Course Code** :  
**Duration** : **90 hrs**  
**Qualification** : **8<sup>th</sup> Standard & 14 years of age,**  
**MES Modules on Basics of Beauty and Hair Dressing**

**Terminal competency** : Successful candidates would be able to give different types of make up applications for different occasions. A candidate would also be able to do corrective make up using dark and light colours to create optical illusions

Practical Competencies	Underpinning Knowledge (Theory)
<ul style="list-style-type: none"> <li>▪ Recognize type of skin</li> <li>▪ Recognize different types of cosmetics and brushes for make up</li> <li>▪ Choosing correct colours of cosmetics for make up</li> <li>▪ Face cleansing for make up. Application of light make up base</li> <li>▪ Application of foundation base (medium)</li> <li>▪ Application of water proof base (heavy base)</li> <li>▪ Practice application of correct cosmetics as suitable for the skin</li> <li>▪ Practice in various types of make up application:               <ul style="list-style-type: none"> <li>❖ Day time party make up</li> <li>❖ Evening time party make up</li> <li>❖ Glamour party make up</li> <li>❖ Bridal make up</li> <li>❖ Fantasy make up</li> <li>❖ Water Proof Make up</li> <li>❖ Fashion Make up</li> </ul> </li> <li>▪ <b>Corrective make up</b> Corrective make up using optical illusion               <ul style="list-style-type: none"> <li>❖ Shadows</li> <li>❖ High lights</li> <li>❖ Lines</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>▪ Purpose of make up, primary cosmetics for make up</li> <li>▪ Tools for cosmetics work</li> <li>▪ Facial harmony and balance, knowledge for make up</li> <li>▪ Selection of colour as per skin</li> <li>▪ Different kind of bases for all types of make up</li> <li>▪ Knowledge about different types of make up</li> <li>▪ Cosmetic knowledge and points for make up removing</li> </ul>

<b>List of tools &amp; equipment</b>	<b>Cosmetics of different makes and shades as applicable</b>
Head band	Cotton
Sponge	Cleansing milk
Brush kit	Foundation
Towels	Blusher
Gown	Eyeliners
Spatula	Lipliner pencil
Orangewood stick	Face powder
Front Mirror	Lipstick
Back view mirror	Liquid bindies
Chair for	Decorative bindies
Counter	Mascara
	All type of shadows
	All types of basis

### **Questions**

1. Do a bridal make up
2. Apply morning makeup for a lady who has to attend kitty party
3. Apply corrective make up for hiding wrinkles and freckles
4. Demonstrative corrective makeup for close set sunken eyes
5. By creating optical illusion apply make up on a broad nose to make it appear sharp

## Facial Therapist

**Name** : Facial Therapist  
**Sector** : Beauty Culture & Hair Dressing  
**Course Code** :  
**Duration** : 120 hrs  
**Qualification** : 8<sup>th</sup> Standard & 14 years of age,  
 MES Modules on Basics of Beauty and Hair Dressing  
**Terminal competency** : Successful candidates should be able to give basic massage manipulation for facial. She should be able to give facial to dry, oily and combination skin.

Practical Competencies	Underpinning Knowledge (Theory)
<ul style="list-style-type: none"> <li>▪ Practice of massage manipulation on face</li> <li>▪ Recognise different skin types</li> <li>▪ Selection of cream and pack according to skin type</li> <li>▪ Practice in cleansing face and neck thoroughly</li> <li>▪ Practice in facial massage with hands and vibration</li> <li>▪ Extracting black heads and white heads</li> <li>▪ Application of scrub/giving steam etc</li> <li>▪ Application of face pack/ mask</li> <li>▪ Practice in giving different types of facials</li> <li>▪ Dry skin facial</li> <li>▪ Thermoherb facial –banana facial, hot oil mask treatment, paraffin mask treatment</li> <li>▪ Oily skin facial</li> <li>▪ Galvanic facial, juice facial, fruit facial, ‘AHA’ facial, vegetable peeling facial, oxygen facial, serum &amp; microbilifting facial for wrinkle treatment</li> <li>▪ Silver/gold/pearl facial</li> </ul>	<ul style="list-style-type: none"> <li>▪ Knowledge and analysis of skin</li> <li>▪ Types of skin – normal, dry, oily, combination, tired, sensitive, aged/wrinkled</li> <li>▪ Different types of face pack for different types of skin</li> <li>▪ Benefits of face pack mask</li> </ul>

List of tools & equipment	Cosmetics
Facial sauna Head band Facial sauna Galvanic machine Dermascope along with ionize, suction unit, spray unit, wood lamp, ozone Brushing unit Vibro massage Infra red lamp High frequency	Cold cream Cleansing milk Moisturising lotion Astringent Scrub Different face packs/masks -ve & +ve gel for galvanic Specific cosmetics required for different facials

**Questions:-**

1. Give facial treatment for dry skin using hot oil gauze mask
2. Give facial treatment to a teenager having black heads and white heads
3. Demonstrate facial for combination skin
4. Demonstrate thermoherb/fruit facial



▪ Neutralizing & conditioning	
List of tools & equipment	Cosmetics
Perm rollers of different sizes	Setting lotion/gel/mouse
Blow dryer (commercial)	Hair spray
Hood dryer	Shampoo
Electric rollers	Straightening creams and
Wire/plastic rollers	neutrizer
Switch	Velocity for perming
Switch hand	
Artificial plaits	
Braids	
Swiggle	
Flower bun	
Curling rod	
Electric press for straightening	
Setting clips, pins, jusa pins,	
decorative pins	
Tail comb	
Roll on brushes of different size	
Tooth comb	
Dummy head with slip on	
Back wash basin	
Dressing out	
Chairs	
Gloves	
Neck tray	

**Questions:-**

1. Demonstrate the sectioning for putting perms on short hair.
2. Demonstrate at least two types of wraps.
3. Make eight rolls interlock style on hair switch and fix it on the head.
4. Make a French braid.

## Hair Colourist

**Name** : Hair colourist  
**Sector** : Beauty Culture & Hair Dressing  
**Course Code** :  
**Duration** : 60 hrs.  
**Entry qualification** : 8<sup>th</sup> Standard & 14 years of age,  
 MES Modules on Basics of Beauty and Hair Dressing

**Terminal competency** : Successful candidate would be able to providing hair coloring service to add colour to the hair, to permanently change the hair colour and create highlight and lowlight effects in hair.

Practical Competencies	Underpinning Knowledge (Theory)
<ul style="list-style-type: none"> <li>▪ Analysis of scalp and hair</li> <li>▪ Understanding and working with various types of temporary, semi permanent &amp; permanent hair colours</li> <li>▪ Patch test for allergy</li> <li>▪ Selection of colour</li> <li>▪ Strand test/ Predisposition Test</li> <li>▪ Preparation of trolley and client</li> <li>▪ Mixing of colour</li> <li>▪ Application of hair colour – veg &amp; Chemical</li> <li>▪ Rinse off colour</li> <li>▪ Application of hair conditioner</li> <li>▪ Types of Lighteners</li> <li>▪ Special effects with hair colouring               <ul style="list-style-type: none"> <li>❖ Streaking</li> <li>❖ Frosting</li> <li>❖ Tipping</li> <li>❖ Blonde-on-blonde</li> <li>❖ Hi fashion/Hi lightening techniques</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>▪ Basic law of colour</li> <li>▪ Classification of hair colour</li> <li>▪ Points to be considered before using hair colouring products</li> <li>▪ Allergy test</li> <li>▪ Predisposition Test</li> <li>▪ Harmful effects of various colours</li> <li>▪ Precautions for both veg and chemical dye</li> </ul>

<b>List of tools &amp; equipment</b>	<b>Cosmetics</b>
Dye brush	Shampoo
Plastic bowl	Conditioner
Setting clips	Talcum power
Towels	Colours
Black gown	Cotton
Tail comb	Protective cream
Gloves	
Head dryer	
Aluminium foil	
Shower cap	
Crochet needle for streaking	

**Questions:-**

1. Prepare a client for patch test and give colour application to check the sensitivity.
2. Demonstrate sectioning for applying hair colour.
3. Demonstrate chemical dye on full head
4. Give the latest hifashion effects of highlightening with streaking method.
5. Give Hi fashion effect on hair ends for a client having Boy cut.

## Hair cutting Specialist

**Name** : Hair cutting Specialist  
**Sector** : Beauty Culture & Hair Dressing  
**Course Code** :  
**Duration** : 120 hrs  
**Qualification** : 8<sup>th</sup> Standard & 14 years of age,

MES Modules on Basics of Beauty and Hair Dressing

**Terminal competency:** Successful candidates should be able to select and adopt techniques for cutting hair of all types. A candidate should be able to create design with various cutting and styling techniques.

Practical Competencies	Underpinning Knowledge (Theory)
<ul style="list-style-type: none"> <li>▪ Sterilizing of tools &amp; implements</li> <li>▪ Preparation of trolley &amp; clients for giving a hair cut</li> <li>▪ Select design according to hair texture and face shape of the client</li> <li>▪ Sectioning and blocking the hair according to required hair cut</li> <li>▪ Sectional for top, crown, nape and sides for achieving desired effects</li> <li>▪ Sub sections or Partings</li> <li>▪ Practice in holding comb and shears</li> <li>▪ Practice of hair cutting on dummies and live models</li> <li>▪ Basic hair cutting for short, medium &amp; long length hair</li> <li>▪ Practice in cutting hair with               <ul style="list-style-type: none"> <li>❖ razor</li> <li>❖ clippers</li> <li>❖ thinning shears</li> </ul> </li> <li>▪ Boy cut</li> <li>▪ Blunt cut</li> <li>▪ Deep U</li> <li>▪ Shallow U</li> <li>▪ Cutting for layered effect</li> <li>▪ Mushroom cut</li> <li>▪ Wedge cut</li> <li>▪ Men's cut</li> </ul>	<ul style="list-style-type: none"> <li>▪ Knowledge of hair texture</li> <li>▪ Types of hair</li> <li>▪ Sectioning for a hair cut</li> <li>▪ Knowledge about shears and comb</li> <li>▪ Knowledge of elevations</li> <li>▪ Different types of basic hair cut</li> <li>▪ Safety and precautions during hair cutting</li> </ul>

<b>List of tools and equipment</b>	<b>Cosmetics</b>
Scissors	Shampoo
Comb	Conditioner
Tail comb	Hair setting lotion
Cutting sheets	
Razor	
Setting clips	
Spray bottle	
Neck strip	
Dryer	
Hair brush	
Clipper	

**Questions:-**

1. Demonstrate sectioning for basic hair cutting
2. Demonstrate veg cut on a dummy
3. How do you hold scissors and comb while cutting hair – show
4. Demonstrate elevation for giving a step cut
5. Demonstrate blunt cut

## Beauty Therapist

**Name** : **Beauty Therapist**  
**Sector** : **Beauty Culture & Hair Dressing**  
**Course Code** :  
**Duration** : **120 hrs**  
**Qualification** : **10<sup>th</sup> Standard & 14 years of age,**  
**MES Modules on Basics of Beauty and Hair Dressing .**  
**Massage Therapist, Make up Artist & Facial Therapist**

**Terminal competency** : Successful candidates should be able to give special manicure, decorate nail, treat all skin problems by giving advanced facials. Candidate should be able to work as TV and stage make up artist.

Practical Competencies	Underpinning Knowledge (Theory)
<p><b>Special Manicure</b></p> <ul style="list-style-type: none"> <li>▪ Preparation of client for special Manicure</li> <li>▪ Practice of techniques used for special manicure –               <ul style="list-style-type: none"> <li>❖ Hot oil manicure</li> <li>❖ French manicure</li> <li>❖ Wax manicure</li> <li>❖ Aroma manicure</li> <li>❖ Electric manicure</li> </ul> </li> </ul> <p>Practice of techniques used for treating foot problems</p> <p><b>Nail Art</b></p> <ul style="list-style-type: none"> <li>▪ Preparation of the client and Sanitize hands</li> <li>▪ Nail cutting, filling and shaping</li> <li>▪ Application of base coat and different types of nail colour and top coat</li> <li>▪ Creating design on nails</li> <li>▪ Create design by using different types of decorative items</li> <li>▪ Use of artificial nails for nail art</li> <li>▪ Applying artificial nails</li> <li>▪ Removing method of artificial nail</li> </ul> <p><b>Advanced facials</b></p> <p>Practice of different facials:</p> <ul style="list-style-type: none"> <li>❖ Aroma Facial</li> <li>❖ Gold facial</li> <li>❖ Silver Facial</li> <li>❖ Pearl Facial</li> <li>❖ Galvanic facials.</li> <li>❖ Acne treatment</li> <li>❖ Face pack application</li> </ul>	<ul style="list-style-type: none"> <li>▪ Nail structure</li> <li>▪ Knowledge of nail disorders               <ul style="list-style-type: none"> <li>❖ Brittle nails</li> <li>❖ Split nails</li> <li>❖ Dry hands</li> <li>❖ Hypertrophy nails</li> <li>❖ Atrophied nails</li> </ul> </li> </ul> <p>Treatment for nail disorders –</p> <p>Knowledge of special manicure</p> <p>Safety precautions related to special manicure</p> <p>Knowledge about foot problems</p> <ul style="list-style-type: none"> <li>❖ Corns</li> <li>❖ callus</li> <li>❖ Cracked heels</li> <li>❖ Ingrown nails</li> <li>❖ Athlete’s foot</li> </ul> <ul style="list-style-type: none"> <li>▪ Knowledge of essential oils and carrier oils</li> <li>▪ Understanding of effective ratio of essential oil to carrier oil</li> <li>▪ Correct method of storing essential and carrier oils</li> <li>▪ Hazards (Toxicity, irritation) &amp; sensitization</li> </ul>

<p><b>Make up</b> Practice T.V &amp; Film and Stage Make up using</p> <ul style="list-style-type: none"> <li>▪ Colour contouring</li> <li>▪ Reflecting contouring</li> <li>▪ Natural contouring</li> <li>▪ Usage of cosmetics for Practice of TV make up</li> </ul> <p>Identify, select and perform various techniques used in make up of artists such as character make up and model make up</p>	<ul style="list-style-type: none"> <li>▪ Knowledge of types of special make up</li> <li>▪ Trendy make up</li> <li>▪ TV and Stage make up</li> <li>▪ Effects of light on make up</li> <li>▪ Types of make up suitable for television/movie</li> <li>▪ Bases for various skin tones</li> <li>▪ Facial contouring</li> <li>▪ Products used for special effects</li> </ul>
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<b>Tools &amp; equipment</b>	<b>Cosmetics</b>
Manicure set Plucker Decorative items for nail art such as rhino stone Decals Charms Sticker bindis Toothpick Head bands Sponges Brushes Towels Gown Spatula Dermoscope Mirror – front & back Colour bases for stage make ups High frequency	Dettol Top coat Base coat Nail Polish Nail glue Poster colours Lipsticks Lipglosses Eye shadows Eye contourers Eye brow colouring Lip liners Eye liners Mascara Glitters Blushons Face powders Mosituriser Astringents Cream and liquid foundations

**Questions :-**

1. Demonstrate hot oil manicure for dry & brittle nails
2. Create nail design for evening party
3. Demonstrate galvanic facial
4. Demonstrate evening party make up

## Hair Therapist

**Name** : **Hair Therapist**  
**Sector** : **Beauty Culture & Hair Dressing**  
**Course Code** :  
**Duration** : **120 hrs**  
**Qualification** : **10<sup>th</sup> Standard & 14 years of age,**  
**MES Modules on Basics of Beauty and Hair Dressing .**  
**Hair stylist, Hair Colourist & Hair cutting Specialist**

**Terminal competency** : Successful candidates should be able to give treatment for all hair problems. Candidate should be able cut and style hair as per latest trends to give high fashion look.

Practical Competencies	Underpinning Knowledge (Theory)
<ul style="list-style-type: none"> <li>▪ Hair Treatments               <ul style="list-style-type: none"> <li>○ Oily hair</li> <li>○ dry hair</li> <li>○ split ends</li> <li>○ dandruff</li> <li>○ falling hair</li> </ul> </li> <li>▪ Herbal treatments for various hair problems</li> <li>▪ Use of equipments for hair treatment               <ul style="list-style-type: none"> <li>○ High frequency</li> <li>○ infrared lamp</li> <li>○ scalp steamer</li> <li>○ vibro massager</li> <li>○ electric comb</li> </ul> </li> <li>▪ High fashion styling with crimpers, hot rollers etc.</li> <li>▪ Trendy effects with colouring               <ul style="list-style-type: none"> <li>○ Blond -on- Blond</li> <li>○ sun set day by</li> <li>○ global techniques</li> <li>○ slicing</li> </ul> </li> <li>▪ Advanced hair cutting               <ul style="list-style-type: none"> <li>○ Layered bobs</li> <li>○ Bilevel Layered cuts</li> <li>○ Graduated cut</li> <li>○ Razor cut</li> <li>○ Mushroom cut</li> <li>○ Step cut/Multiple step cut</li> <li>○ Layer cut</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>▪ Knowledge about hair structure.</li> <li>▪ Types of hair</li> <li>▪ Disorders of the hair &amp; scalp               <ul style="list-style-type: none"> <li>○ Grey hair</li> <li>○ Dandruff</li> <li>○ Oily hair</li> <li>○ Split ends</li> </ul> </li> <li>▪ Causes and treatments for various hair problems.</li> </ul> <p>Equipments and supplies used for hair treatment.</p> <p>Equipments and supplies used for high fashion hair style.</p> <p>Cosmetics &amp; Materials required for trendy effects with colouring.</p> <p>Knowledge of various advanced hair cutting.</p>

<b>Cosmetics</b>	<b>List of tools &amp; equipment</b>
Herbal oil	Infrared lamp
Olive oil	Scalp steamer
Shampoo	Vibro massager
Styling gel	Electric Comb
Styling mousse	Electric roller
Setting lotion	Crimper
Hair colours	Thinning Shears
Cream bleach	Clippers
Crochet needle	Tail comb, Wide tooth comb, Styling comb
Shower cap	Dye brush
	Spray bottle

**Questions :-**

1. Give corrective hair treatment for falling hair
2. Demonstrate use of scalp steamer and infrared lamp
3. Do sectioning on short hair and put electric rollers
4. Demonstrate high lightening techniques on dark brown hair
5. Demonstrate multiple step cut by using a razor

List of Expert/Trade Committee Members

CURRICULUM DEVELOPMENT FOR SHORT TERM COURSES BASED ON  
MODULAR EMPLOYABLE SKILLS

SECTOR/AREA: **Beauty culture and Hair Dressing**

**Members of the trade committee**

	NAME S/Shri	DESIGNATION	DEPARTMENT
1	2	3	4
1	Ashok Kumar	Dy. DG	DGE&T
2	R.K Chugh	Director (wo)	DGE&T
3	Dr. Kochar	Director	VLCC
4	Bharti Taneja	Director	Alps Acedemy
5	Savita Sharma	Lecturer	Meera Bai Polytechnique
6	Sangeet Sabharwal	Director	AANB
7	Rakesh Kapoor	Director	Jacko Beauty & Health Aids Pvt .Ltd
8	Jyotika Grover	Lecturer	New Delhi Polytechnique
9	Poonam Kapoor	Proprietor	Jacko Beauty & Slimming Center
10	Kriti Kohli	Proprietor	Kriti Parlour
11	Upma Bhatia	Deputy Director	DGET
12	Alka Sharma	Assistant Director	DGET
13	Archana Singh	Training Officer	NVTI,Noida